Zhen Qi Acupuncture Clinic

2213 East 38th Street, Minneapolis MN 55419
612.558.1427

PATIENT INFORMATION

Date _____

Name _____

Address _____

City State Zip _____

Age _____ Birthdate _____

Occupation _____

Company name _____

Primary physician _____

Physician phone number _____

How did you hear about us? _____

_____

CONTACT INFORMATION

Home phone _____

Work phone _____

Other/cell phone _____

Email _____

Another person we may contact if needed:

Name _____

Relationship _____

Home phone _____

Work phone _____

HEALTH HISTORY

What are your primary concerns for coming in for treatment?

1. _____
2. _____
3. _____

How is your sleep? _____

_____

How is your digestion? _____

_____

List medications or food supplements you are taking.

_____

_____

List serious illnesses, accidents, or surgeries.

_____

_____

Check illnesses that have occurred in blood relatives.

☐ Diabetes ☐ High blood pressure ☐ Stroke
☐ Cancer ☐ Heart disease ☐ Kidney disease

Check symptoms you have or have had in the last year.

- ☐ Depression
- ☐ Difficulty in focusing
- ☐ Dizziness
- ☐ Easily startled
- ☐ Excessive worry
- ☐ Excessive anger
- ☐ Excessive fear
- ☐ Fatigue/tiredness
- ☐ Headaches
- ☐ Loss of sleep/poor sleep
- ☐ Loss or gain of weight
- ☐ Nervousness/irritability
- ☐ Overwhelmed by life

Check conditions you have or have had in the past.

- ☐ AIDS
- ☐ Allergies
- ☐ Anemia
- ☐ Arthritis
- ☐ Bleeding disorders
- ☐ Breast lump
- ☐ Cancer
- ☐ Diabetes

How long has it been since you have had a complete medical exam? _____